Applied Psychology addresses current and relevant issues such as (but not limited to) work, the environment, health, education, society, and political participation, while paying close attention to both individual and collective concerns, all driven by the major challenge of global sustainability.

The International Association of Applied Psychology (IAAP), a long-established international scientific association, comprising 18 divisions, involves academics, experts, professionals, and students from across the globe to gather and share experiences, insights, and scientific contributions, aiming to tackle the challenges and future directions of psychological practice.

The last few years have seen the UN 2030 agenda push forward Sustainable Development Goals (SDGs), dealing with epistemological, methodological, ethical, and professional implications for the psychology profession and practice across its various fields. These issues were the focus of the 31st ICAP 2026 (International Congress of Applied Psychology), hosted in Florence from July 21 to 25 2026, promoted by IAAP together with AIP (Italian Association of Psychology) and the Universities of Bergamo, Milano Cattolica, Firenze.

The contributions gathered in this volume reflect the richness and diversity of experiences showcased during the Congress, giving access to the abstracts of the researchers' interventions representing over 90 countries, coming from all the continents.

This broad spectrum of studies highlights promising directions that can inspire new trajectories and inquiry's paths for contemporary applied psychology practice.

ANNAMARIA DI FABIO, CONGRESS VICE-PRESIDENT, PRESIDENT OF THE SCIENTIFIC COMMITTEE AND PROGRAM, MEMBER OF ORGANIZING COMMITTEE, PHD, is full professor of Work and Organizational Psychology at the Department of Education and Psychology (Psychology section) at University of Florence. Her international profile encompasses studies on healthy organizations, leadership, career development, decent work, sustainability processes.

EDOARDO LOZZA, CONGRESS VICE-PRESIDENT, MEMBER OF ORGANIZING COMMITTEE, PHD, is full professor of Economic Psychology and Consumer and Marketing Psychology at the Faculty of Psychology at Catholic University in Milan. He authored scientific publications in the fields of economic psychology, consumer psychology and marketing research.

GIUSEPPE SCARATTI, CONGRESS PRESIDENT, MEMBER OF ORGANIZING COMMITTEE, PHD, is full professor of Work and Organizational Psychology at the Department of Human and Social Science at University of Bergamo.His scientific activity is about organizational learning and qualitative methodologies for the study of organizational life.

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